



## Emory & Henry Intramural Punt, Pass, and Kick Rules

## **Waivers**

The college assumes **NO medical or financial responsibility for any voluntary participation in intramural sports.** The college encourages all intramural participants to maintain their own health and/or accident insurance.

## **Eligible Players**

- A. All students of Emory & Henry College are eligible. Students have to be taking one class to be eligible.
- B. All Faculty & staff are eligible. Spouses or partners of faculty/staff are eligible for play as well. Children of faculty/staff are not eligible for play.

## **Rules & Regulations**

- 1. Each participant is allowed three punts, three passes, and three placekicks as part of the competition.
  - a. Punt: Participant drops football and kicks the ball prior to hitting the ground for distance and accuracy.
  - b. Pass: Participant throws football overhand for distance and accuracy.
  - c. Kick: Participant kicks football off of "kick-off" tee for distance and accuracy.
  - d. Participants may not use more than a (3) step approach for all events.
- 2. Scores are based on both distance and accuracy
  - a. For example, if a participant passes the ball 100 feet, but the ball lands 30 feet to the right of the line, the final score is calculated by deducting 30 from 100, for a final score of 70. No participant will receive a negative score; instead their score will be "0".
  - b. Scores are based on feet and inches (partial inches are rounded to the nearest inch). Participants cannot receive a negative score, but they can receive a score of zero.
  - c. The best score for each event will be used as the event score
  - d. Scores are determined from where a participant's punt/pass/kick first makes contact with the ground. Bounces and rolls do not add to the score.
- 3. A participant's final score is the cumulative total for the three individual events
  - a. For example, if the participant scores 40 for punting, 60 for passing, and 22 for kicking, the participant's final score is 122.
- 4. If a participant goes over the line prior to or before releasing or making contact with the ball, they will be penalized 5 feet.
  - a. The only exception is in kicking, where a participant may go over the line without penalty, provided the tee is placed on or behind the line.

- b. There is no violation of the kicking tee is kicked with the football during the kicking event.

  5. Intramural Champion t-shirts will be awarded in the men's and women's division