

EMORY & HENRY COLLEGE



Emory & Henry Intramural Free Throw & 3 Point Challenge Rules

Waivers

The college assumes **NO medical or financial responsibility for any voluntary participation in intramural sports**. The college encourages all intramural participants to maintain their own health and/or accident insurance.

Eligible Players

- A. All students of Emory & Henry College are eligible. Students have to be taking one class to be eligible.
- B. Varsity Rule applies- No varsity basketball players are allowed to participate. (If your player made the roster for the varsity team, they are **ineligible**. If they started on the team and quit- they are **ineligible**. If they played last year and didn't try out or play or make the team this year- they are **eligible** to play intramurals).
- C. All Faculty & staff are eligible. Spouses or partners of faculty/staff are eligible for play as well. Children of faculty/staff are not eligible for play.

Rules & Regulations

1. 3 Point Challenge
 - a. Each player will have 45 seconds to shoot 10 shots in order.
 - b. Each shot is worth 1 point
 - c. The final shot is worth 3 points.
 - d. Total points possible- 12.
 - e. In the event of a tie, there will be additional round(s) played until one player outscores the other.
2. Free Throw Contest
 - a. All players are divided up at 4 different baskets
 - b. Each player will shoot two shots and rotate at the same basket until all participants have shot a total of 5 shots. Top shooter at each basket will move on to next round. In the event of a tie, both will move to next round.
 - c. Round 2- each player will shoot 2 shots and rotate around the lane until all participants have shot 5 free throws. At the end of this round, top shooter will move on. In the event of a tie, both will move.
 - d. Follow point b & c until there are two players left. Separate players and have them shoot two shots at two different goals until they miss.

1. Intramural Champion t-shirts will be awarded in the men's and women's division