

INDOOR SOCCER LEAGUE

Team Requirements

- Team may have a maximum seven players.
- Teams are allowed to have two varsity soccer players on the team.
- All teams must have a representative at the captains' meeting to be eligible for the season.
- Teams must also specify if they wish to play in the men or women's division. Co-rec teams play in the men's division.

League Play and Tournament

- Men's and Women's division will be divided up in to two groups.
- Teams will be awarded two points for a victory and one point for a tie. Teams that forfeit will lose a point in the standings. If there is a tie for a playoff spot, the position will be given in the following order: head-to-head; goals allowed; goals scored or by coin toss.
- The top two teams out of each group will advance to the playoffs. Playing in league play does not guarantee an opportunity to play in the playoffs.
- The playoffs are single-elimination tournament.

The Game

- Games consist of two 20-minute halves. The clock will run until the last two minutes of each half. If the game is tied after regulation, five minutes of extra time will be added to the clock. Teams play all of the five minutes regardless of goals scored. The clock will stop for the last minute of extra time. If teams are still tied after the extra time the game is declared a tie. In the playoffs, teams play until a goal is scored.
- Teams consist of four players on the court. Teams do not have a goalie. Teams must have three players to start a game.

Scoring

- To score a team must be on its offensive half of the court.
- Players can sub during any stoppage of play. There is no limitation on subs, but they will not be able to sub on the fly.
- There is no off sides penalty.
- Teams can play the ball off of the wall; however, goals can only be scored by a direct kick.

Fouls, Free Kicks, and Penalty Shots

- Kickoff. A coin toss will decided which will kick off. Teams must be on their defensive end of the court to begin the game. Kicks can be forward or backward.
- General rules of soccer apply
- Free kicks will be taken at the spot of the foul. Defensive players must give a five yard halo around the free kick. Advantage maybe given to players in some situations.
- All free kicks are indirect. Penalty kicks are on goal.
- Players are not allowed to play the ball while they have a hand on the wall.
- If the net becomes dislodged by a player, the ball will be awarded to the other team. If a defensive player dislodges the net it will be a corner kick. If the referee believes that the net was dislodged intentionally in a scoring situation the goal maybe awarded.
- Balls touching the walking track or basketball goal will be awarded where the ball went out of bounds. If the ball goes through the opening on the football field side of the court, the defensive

team will have a free kick from the goal zone. If the ball is played off a defensive player and goes through the opening near the football field or touches the basketball goal, the offensive team will be granted a corner kick from the edge of the basketball boundaries.

- The three-point line on the basketball court will serve as the penalty area. Any fouls happening inside of this area will result in a penalty kick for the offensive team. Penalty kicks will be taken from the coaches' box lines extended. Missed penalty kicks will be given to the defensive team for a goal kick.
- Marked in front of the goal will be a no play zone. Neither offensive nor defensive players will be able to touch a ball in this zone. Players touching the ball in the zone can receive a yellow card depending on intent. If by the referees' judgment, the defensive player prevented a score the goal will be awarded to the offensive team.

Offenses deserving a Caution (Yellow Card)

- Unsporting behavior
- Dissent by word or actions
- Persistent infringement on the rules of the game
- Player delays the restart of the game
- Player fails to respect the required distance when play is restarted with a corner kick or free kick
- Player enters or re-enters the field of play without the referee's permission

Offenses deserving Dismissal from game (Red Card)

- Unsporting behavior
 - Dissent by word or actions
 - Persistent infringement on the rules of the game
 - Player delays the restart of the game
 - Player fails to respect the required distance when play is restarted with a corner kick or free kick
 - Player enters or re-enters the field of play without the referee's permission
- Referees will use own discretion using cards. Slide tackling is a mandatory yellow and can be penalized by a red. Fouls happening outside of the basketball boundaries will be enforced strongly by officials. Players are not be allowed to head the ball.
 - Players receiving a strait Red serve a mandatory one game suspension. Players receiving a soft red (2 yellow cards) must meet with the League Director before being allowed to play.
 - Teams that have a player dismissed continue to play with a player down (three-on-four). Teams must have at least three players on the court at all time regardless the number of dismissals. If number of dismissals exceeds one then teams will remain three on four. Teams must have three legal players to complete a game.